



Meditation and the Art of Writing: Learn to Control Your Brain-Waves, Unlock Your Creative Muse, and Conquer Writer's Block Forever! (Paperback)

By Chad Kunego

What The?!? Publishing, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Blast your way through writer's block. and become more creative as a side effect! Have you ever wondered how some writers can just sit down and start writing effortlessly while you struggle with every word and line? Does their advice of, Just sit down and write, just aggravate the heck out of you because it seems meaningless? Are you tired of being told that you're just procrastinating, being lazy, lack willpower, or that it's just, all in your head? Well, it is, it's just not what you think. In this book: - Learn why writer's block isn't just a case of procrastination or lack of willpower, but the frequency your brain is currently functioning at. - Develop the ability to focus and concentrate as well as an ancient monk without needing to live at a monastery. - Learn how a simple technique, using an audio recorder, can help you break out of the corner you've accidentally written yourself into with your story. - Discover one of the easiest ways...



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Reviews

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-- **Burnice Carter**

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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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