



## Canadian Allergy and Asthma Handbook

By Zimmerman

Mississauga, Ontario, Canada: Random House of Canada, Limited, 1991. Soft cover. Book Condition: New. Book Description From four of Canada's top allergists, a fully updated and revised edition of this country's bestselling book on allergies and asthma. A must for all allergy sufferers and concerned parents. We all know from the news that allergic reactions, and even asthma attacks, can be fatal. More and more schools are closely monitoring the foods available in their cafeterias and by necessity people are becoming more interested in the latest allergy and asthma research. This book will help you--and your children--live more comfortably and more safely. The Canadian Allergy and Asthma Handbook contains information on: The allergic reaction--what really happens? The most effective allergy tests and treatments available How to tell if your child has asthma Ways to improve your home and work environment How to manage your asthma effectively Working with your doctor to develop a management strategy Common misconceptions about food allergies How to lead a normal life with allergic children Ways you can delay food allergies in infants Special problems to teenagers with allergies Adverse reactions to food additives, food colouring agents, preservatives and flavour enhancers Life-threatening allergic reactions--how common are...



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