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BBQ on a Diet: 13 Low-Fat BBQ Meals You Can Eat While Dieting (Paperback)

By Linda Westwood, Olivia Rogers

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From the Best Selling authors, Olivia Rogers Linda Westwood, comes BBQ On A Diet: 13 Low-Fat BBQ Meals You Can Eat While Dieting. This book will completely change your cooking! Not only are the recipes amazing - but they are QUICK, EASY HEALTHY! If you feel like you need to spice up your cooking. If you feel like your family might be looking to eat something else. Or if you just enjoy cooking and want to try something new. THIS BOOK IS FOR YOU! This book provides you with 13 Recipes that will turn you into AN AMAZING cook in just days! It comes with the recipes, ingredients, and all the steps you need to know! Are you ready to spice up your cooking and become a master chef in your own kitchen? Then check out these 13 Recipes, and start cooking like a master TODAY! Some of the recipes include: Grilled Shrilled Skewers over White Bean Salad Classic Hamburger Green Chili Bison Burger Grilled Fish Tacos Grilled Chicken with a touch of Chili and Lime Steak, Potato...



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Reviews

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