



Herbs: Inspiration and Practical Advice for Gardeners (Hardback)

By Jane Eastoe

PAVILION BOOKS, United Kingdom, 2009. Hardback. Book Condition: New. 184 x 120 mm. Language: English . Brand New Book. A fascinating and practical guide to herbs and their uses Includes delicious recipes and advice on making herbal medicines and cosmetics Packed with practical information on growing your own herbs, plus storing and preserving Herbs have been used for centuries and have myriad uses - this fascinating guide is a wonderful insight into the herbs that can be found growing throughout the British countryside. Information on each plant includes a general description for easy recognition, alongside the culinary, nutritional, cosmetic and medicinal properties of the plant. Delicious recipes are given throughout, while myths, legends and historical tales demonstrate how these versatile plants have been used throughout the ages to treat a range of ailments and flavour a wide variety of dishes. The book is packed with practical advice on how to pick and grow your own herbs, alongside information on propagation, cultivation and warding off pests and diseases from your herb garden.



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Reviews

This ebook is worth purchasing. It is written in straightforward words and not hard to understand. You will not feel monotony at any time of your respective time (that's what catalogs are for about in the event you ask me).

-- **Eileen Kling I**

Extremely helpful to all category of individuals. I have got to go through and that I am confident that I will likely to read through once again later on. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Nikita Herzog**

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