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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Weight Loss Smoothie Recipes BONUS - Includes a FREE copy of my collection of Delicious Healthy Smoothie Recipes that have helped me stay healthy, fit and lean. Using a combination of these healthy low calorie smoothie recipes and delicious smoothies from this collection plus following a strict 2 month Smoothie diet with the smoothie diet recipes that are...

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- Authored by Juliana Baldec
- Released at 2013



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