



More Golf Swing Speed: A Ruthlessgolf.com Quick Guide (Paperback)

By Mike Southern

Createspace, United States, 2012. Paperback. Book Condition: New. Large Print. 235 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.How far do you want to hit the ball? If you re like everybody else, your answer is just a little farther. Then More Golf Swing Speed is the Quick Guide for you. It focuses on the downswing-how you load the shaft at the top of your backswing and unload it at impact. It helps you understand both how to make the correct moves and how to avoid the incorrect ones: ** Hold or even increase your wrist cock during the downswing ** Avoid casting from the top ** Develop maximum clubhead speed as you near impact ** Learn how Hogan s supinated wrist position works ** Create a downward strike on the ball that prevents flipping ** And more! There are no secret tricks to creating clubhead speed, and you don t need expensive training aids to create solid strikes on the ball. All you need is a clear understanding of what your club does during your downswing and how you can cooperate with it to get the most clubhead speed possible. All you need...



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