



I See Fat People Discovering Your 6th Sense of Eating

By David Hrcir

David Hrcir. Paperback. Book Condition: New. Paperback. 108 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. When I stop dieting, I get fat. When I stop exercising, I get fat. Are you like me? Do you ever wonder why that is? I did. But I wasn't just curious, I was frustrated. . . like most of us are when it comes to weight/fat control. So I set out on a journey. A journey that lasted almost 3 years! After much research and experimentation, I found the solution! Yes, you read that correctly. I have found the reason as to why we get fat when we do not diet and exercise constantly. Believe it or not, most of the problem is not diet and exercise. We all have a hidden 6th sense. . . an ability that, for quite some time in society, has been dormant in our psyche. Our lack of understanding and use of this ability is the reason all diets and exercise programs ultimately fail. Oh, and did I mention that I did not change my diet!!! That was one of the main factors I set in stone in my research. I know, for the most part, I eat healthy....



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Reviews

Great eBook and useful one. We have gone through and I am also certain that I am going to likely read through yet again once more in the foreseeable future. Your lifestyle period will likely be transformed once you comprehensively look over this book.

-- **Carter Haag**

This composed publication is fantastic. I was able to comprehend everything using this composed eBook. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Miss Ova Kuhn IV**

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